

## **FUNDAȚIA DE CARITATE HERALD**

Community Assistance Service

### **Annual activity report**

**2020**

During 2020 we assisted 17-20 people monthly.

#### **1. Informations about the assistance services we provided.**

**Home visits.** Home visits and activities were a priority for us this year. By spending time with them, we formed a stronger relationship that grew stronger with each visit.

Due to the pandemic, the time spent visiting varied. For the ones that lacked the ability to do basic requirements such as cooking we had longer visits and aided them in the tasks they couldn't do. For the rest of them, we provided shorter visits and delivered food and medicine, since they aren't able to do so themselves. The ones that didn't require as much help as the ones mentioned above, got visited weekly. Every one of the seniors got daily or weekly calls from the Herald team.

**Counseling and emotional support.** Most of the ladies we assist have fears, worries, and the fact that they are mostly alone with little to no visits apart from our team, makes their mental state worsen or at best unchanged. Most of them have painful pasts, and ponder over their regrets or failures, or glance with nostalgia at their early

years, thing that only makes them sadder about the present. So it seemed listening to them and encouraging them through counseling was the only way we could help in that regard. This empowered and helped them get through fearful and negative thoughts.

**Monthly food supply.** For 12 of our elderly ladies, we got food supplies, such as meat , dairy products, eggs, pasta, canned goods and other mandatory supplies like flour cooking oil, detergents and various personal hygiene products, all of which were delivered with our business vehicle.

**Outdoor activities.** Walks, outdoor activities and shopping trips with the elderly did not occur due to the pandemic.

**Social events and special occasions.** We celebrate all their birthdays, surprising them at their home with gifts, flowers and other surprises from our team. On the 8<sup>th</sup> of march 2020 before the COVID shut down we organized a gathering with all of our beneficiares, to celebrate Womens Day. There we also surprised them with gifts flowers and cake. On Easter and Christmas we couldn't gather together at our headquarters due to the pandemic but we still visited them at their homes where we gave them food supplies and gifts. They, just like us, were overwhelmed with joy!

**Ride-alongs to the doctors and other institutes.** When they needed health checkups, or had health related emergencies, we made sure they would get the help they need by taking them to medical specialists who gave them the treatment they needed. After the shut-down we went by ourselves for the prescriptions, and to the drug store for the medicine.

**Hospitalizations with visits.** We offered this service every time it was needed for every beneficiary in our care.

**Weekly shopping.** Since we made visits weekly, we also went for shopping each week to get them essential items and food. Giving that we gave food supply packages montly we needed to make sure they didn't run out of bread, milk, vegetables and fruits, so we went to the grocery store weekly.

**Cooking.** At a certain age, even cooking can be overwhelming; some of them having difficulties peeling vegetables, while others don't even have the strength to stand up for so long. So our staff aided the ones who struggled in this area, cooking for them.

**Cleaning.** For the ones unable to get out of bed or have difficulty doing so we took care about the chores, and made sure we kept their places clean.

**Paying bills.** We provided this service for the ones struggling to walk.

**Material support.** According to each individual needs, we made sure they have enough food, clothes, shoes, medicine, diapers, soap, tooth paste and so on.

**Financial support.** For the ones in need, we also helped them financially when their income was lower than their expenses.



Other ways we spent our financial resources:- transporting beneficiaries to clinics, doctors, our headquarters and other institutions

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-transporting for visits supplying.

-additional supplies

-group meetings and other activities

### **Informations concerning the project's management:**

Community Assistance Services:- Social worker Crina Bob

- Social worker technician Tocaci Cornelia

- Caretaker Piclisan Rafila

- CEO Rimona Goți

The project management consisted of administrative activities:

- Monthly shopping.
- Counseling and its preparatory measures.
- Fundraising and seeking potential sponsors and financial/material resources

- Preparation of primary accounting documents
- Concluding the monthly budget and statement
- photographing our services and activities.
- Technoredacting reports.
- Technoredacting reports for our sponsors.
- Administrative activities concerning our headquarters and vehicles.
- Administrating our site.
- Training our staff.

### **Financial expenses of 2020:**

During 2020, the expenses of our provided services added up to 40.000 euros. This amount was used to cover social work services, staff salary, donations and infrastructure provision concerning our headquarters and vehicles.

**CEO**

Rimona Goiți

30.12.2020